

Allergen Chart Week Three

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Recipe Description  Contains **X** May Contains **O** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Creamy Chicken & Leek Pie** |  |  |  |  |  |  | **X** | **X** |  |  | **X** |  |  |  |
| **Vegetable & Pesto Rose Tart** |  | **X** |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| **Crushed New Potatoes** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Carrots/Peas** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Vege & Bean Salsa Burger Vegan** |  |  |  |  |  |  |  | **X** |  | **O** |  |  |  |  |
| **Cajun Mosquitos (Theos)** |  |  |  |  |  |  | **X** | **X** | **X** |  |  |  |  |  |
| **Sticky Gingerbread Cake** |  | **X** |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| **Pork/Apple Burger** |  | **X** |  |  |  |  | **X** | **X** |  |  |  | **X** |  |  |
| **Classic Macaroni Cheese** |  |  |  |  |  |  | **X** | **X** |  |  |  | **X** |  |  |
| **Corn on Cob** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Herbed Potato Wedges** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Lamb Kofta Mint Yoghurt** |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| **Moroccan Pitta (Theos)** |  | **X** |  |  |  |  | **X** | **X** | **X** |  |  |  |  | **X** |
| **American Apple Pie/Ice Cream** |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  | **X** |
| **Roast Chicken & Stuffing** |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| **Cumberland Toad in Hole Vegan** |  |  |  |  |  |  | **O** | **X** |  |  |  |  |  |  |
| **Roast Potatoes/carrots** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Braised red Cabbage** |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| **Roast Chicken/Stuffing Baguette** |  |  |  |  |  |  | **O** | **X** |  |  |  |  |  |  |
| **Spicy Chicken Caesar Wrap (Theos)** |  |  |  |  |  |  | **X** | **X** | **X** |  | **X** |  |  |  |
| **Frosted Carrot Cake** |  | **X** |  |  |  |  | **O** | **X** |  |  |  |  |  |  |
| **Lamb Keema & Potato Curry** |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| **Onion Bhaji Burger SP Wedges** |  |  |  |  |  |  |  | **X** |  | **O** |  |  |  |  |
| **Pilau Rice** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Cauliflower/Peas** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Buffalo Chicken Pasty** |  | **O** |  |  |  |  | **O** | **X** | **X** |  |  |  |  |  |
| **Meatball Slider (Theos)** |  | **X** |  |  |  |  |  | **X** | **X** |  |  |  |  | **X** |
| **Banoffee Pie** |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| **Battered Fish Fillet** |  |  |  |  |  | **X** |  |  |  |  |  |  |  |  |
| **Suffolk Sausages** |  |  |  |  |  |  |  | **X** |  |  |  |  |  | **X** |
| **Veg Spring Roll Chilli Noodles Vegan** |  |  |  |  |  |  |  | **X** | **X** | **O** | **X** | **O** |  |  |
| **Chips** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Baked Beans** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Crushed Minted Peas** |  |  |  |  |  |  |  |  |  |  | **X** |  |  |  |
| **Cheese/Ham Panini** |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| **Southern Chicken Burger (Theos)** |  | **X** |  |  |  |  |  | **X** |  |  | **X** | **X** |  |  |
| **Chocolate Fudge Slice** |  | **X** |  |  |  |  | **X** | **X** |  |  |  |  |  |  |