

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive SS Week3 Wednesday**

Contains   
  Does Not Contain   
  May Contain   
 \* No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(393.225g) contains

Carbohydrate 51.57g	Energy 1771kJ 423kcal	21%	Fat 13g	18%	Saturates 2.3g	11%	Sugars 5.9g	7%	Salt 1.3g	22%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 450kJ / 108kcal

(279.3286g) contains

Carbohydrate 77.56g	Energy 1961kJ 469kcal	23%	Fat 12g	17%	Saturates 1.9g	10%	Sugars 7.7g	9%	Salt 1.3g	22%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 702kJ / 168kcal

(202.29g) contains

Carbohydrate 40.78g	Energy 958kJ 229kcal	11%	Fat 3.9g	6%	Saturates 0.4g	2%	Sugars 8.5g	9%	Salt 0.13g	2%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 474kJ / 113kcal

(250g) contains

Carbohydrate 70.18g	Energy 1943kJ 464kcal	23%	Fat 17g	24%	Saturates 8.3g	41%	Sugars 31g	35%	Salt 0.74g	12%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 777kJ / 186kcal