

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive SS Week 3 Friday**

Contains

Contains
 Does Not Contain
 May Contain
 No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Battered Catch of the day & Chips (240g) contains

| | | | | | | | | | | |
|------------------------|-----------------------------|-----|-------------|-----|-------------------|----|----------------|----|---------------|-----|
| Carbohydrate 45.54g | Energy 1363kJ 326kcal | 16% | Fat 9.8g | 14% | Saturates 1.1g | 6% | Sugars 1.0g | 1% | Salt 0.91g | 15% |
|------------------------|-----------------------------|-----|-------------|-----|-------------------|----|----------------|----|---------------|-----|

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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 568kJ / 136kcal

Meat Free Hot Dog with Sticky Onions (265.02g) contains

| | | | | | | | | | | |
|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|----------------|----|--------------|-----|
| Carbohydrate 58.38g | Energy 1781kJ 426kcal | 21% | Fat 14g | 20% | Saturates 1.9g | 10% | Sugars 4.1g | 5% | Salt 1.3g | 21% |
|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|----------------|----|--------------|-----|

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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 672kJ / 161kcal

BBQ Chicken Drumsticks, Wedges & Coleslaw (306.9g) contains

| | | | | | | | | | | |
|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|---------------|-----|---------------|-----|
| Carbohydrate 32.83g | Energy 1792kJ 428kcal | 21% | Fat 23g | 34% | Saturates 4.5g | 23% | Sugars 10g | 11% | Salt 0.75g | 12% |
|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|---------------|-----|---------------|-----|

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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 584kJ / 140kcal

Nut Free Cherry Bakewell Tart (121.2g) contains

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|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|---------------|-----|--------------|-----|
| Carbohydrate 46.94g | Energy 1838kJ 439kcal | 22% | Fat 26g | 37% | Saturates 9.4g | 47% | Sugars 14g | 16% | Salt 1.2g | 21% |
|------------------------|-----------------------------|-----|------------|-----|-------------------|-----|---------------|-----|--------------|-----|

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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 1517kJ / 362kcal