

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive SS Week2 Tuesday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Sausage, Mash & Gravy (417.5g) contains

Carbohydrate 48.38g	Energy 1690kJ 519kcal	20%	Fat 28g	39%	Saturates 9.3g	47%	Sugars 4.1g	5%	Salt 2.3g	38%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 405kJ / 124kcal

Piri-Piri Cauliflower Curry & Rice (194.0041g) contains

Carbohydrate 51.74g	Energy 1426kJ 341kcal	17%	Fat 11g	16%	Saturates 5.9g	30%	Sugars 3.7g	4%	Salt 0.24g	4%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 735kJ / 176kcal

Chinese Chicken & Shredded vegetable Wrap (199.6g) contains

Carbohydrate 38.58g	Energy 1442kJ 345kcal	17%	Fat 13g	19%	Saturates 4.0g	20%	Sugars 7.1g	8%	Salt 1.2g	21%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 723kJ / 173kcal

Apple & Peach Crumble with Custard (170.8333g) contains

Carbohydrate 37.88g	Energy 1083kJ 259kcal	13%	Fat 9.5g	14%	Saturates 3.9g	19%	Sugars 16g	18%	Salt 0.39g	6%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 634kJ / 152kcal