

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive SS week 2 Monday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Chicken Fajita Pasta (196.9g) contains

Carbohydrate 43.35g	Energy 1347kJ 322kcal	16%	Fat 7.1g	10%	Saturates 2.9g	14%	Sugars 6.7g	7%	Salt 0.68g	11%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 684kJ / 164kcal

Potato & Spring Onion Frittata (191.3g) contains

Carbohydrate 18.44g	Energy 725kJ 173kcal	9%	Fat 7.2g	10%	Saturates 1.5g	8%	Sugars 2.8g	3%	Salt 0.53g	9%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 379kJ / 91kcal

Neapolitan Meatball Sub (257.9g) contains

Carbohydrate 56.1g	Energy 1970kJ 471kcal	23%	Fat 17g	24%	Saturates 5.2g	26%	Sugars 8.0g	9%	Salt 2.1g	34%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 764kJ / 183kcal

Chocolate Brownie & Ice Cream (136.9g) contains

Carbohydrate 38.81g	Energy 1547kJ 370kcal	18%	Fat 21g	31%	Saturates 11g	53%	Sugars 24g	27%	Salt 0.77g	13%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 1130kJ / 270kcal

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