

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive SS Week 1 Friday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Battered Catch of the day & Chips (240g) contains

Carbohydrate 45.54g	Energy 1363kJ 326kcal	16%	Fat 9.8g	14%	Saturates 1.1g	6%	Sugars 1.0g	1%	Salt 0.91g	15%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 568kJ / 136kcal

Vegan Nuggets & Chips (234g) contains

Carbohydrate 52.1g	Energy 1432kJ 342kcal	17%	Fat 6.8g	10%	Saturates 0.7g	4%	Sugars 2.6g	3%	Salt 1.4g	23%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 612kJ / 146kcal

Dirty Cuban Beef Burger (193.8079g) contains

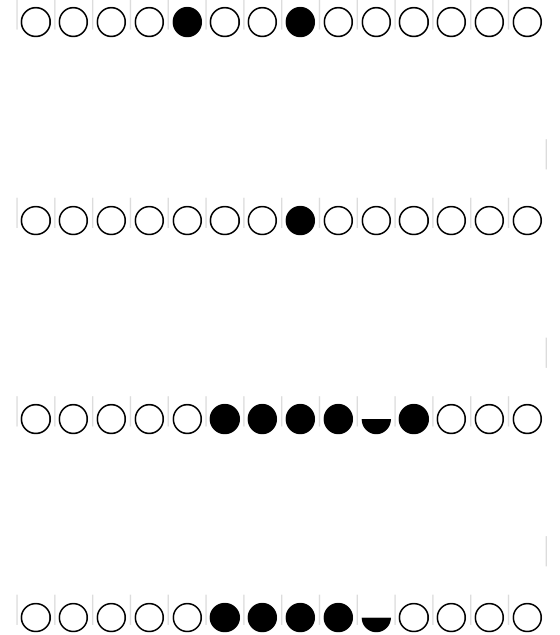
Carbohydrate 45.21g	Energy 1483kJ 497kcal	18%	Fat 26g	38%	Saturates 12g	62%	Sugars 6.0g	7%	Salt 2.3g	38%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 765kJ / 256kcal

Dirty Cuban vegetable Bean Burger (193.8079g) contains

Carbohydrate 56.8g	Energy 2003kJ 479kcal	24%	Fat 22g	31%	Saturates 3.9g	19%	Sugars 6.2g	7%	Salt 2.1g	35%
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of an adult's Reference Intake
Typical values (as sold) per 100g: Energy 1033kJ / 247kcal



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Contains

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 Does Not Contain
 May Contain
 * No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Cornflake Tart with Fruit Jam

(121g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1600kJ / 382kcal

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