

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 3 Tuesday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(430.15g) contains

Carbohydrate 60.63g	Energy 3090kJ 853kcal	37%	Fat 30g	42%	Saturates 10g	50%	Sugars 7.8g	9%	Salt 2.2g	37%
------------------------	-----------------------------	-----	------------	-----	------------------	-----	----------------	----	--------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 718kJ / 198kcal

(500.5g) contains

Carbohydrate 77.53g	Energy 2202kJ 526kcal	26%	Fat 13g	18%	Saturates 2.4g	12%	Sugars 7.9g	9%	Salt 1.9g	32%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	----------------	----	--------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 440kJ / 105kcal

(229.5g) contains

Carbohydrate 52.52g	Energy 1606kJ 384kcal	19%	Fat 11g	15%	Saturates 1.9g	9%	Sugars 6.0g	7%	Salt 1.8g	30%
------------------------	-----------------------------	-----	------------	-----	-------------------	----	----------------	----	--------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 700kJ / 167kcal

(251.28g) contains

Carbohydrate 21.35g	Energy 1093kJ 266kcal	13%	Fat 11g	15%	Saturates 3.4g	17%	Sugars 7.0g	8%	Salt 0.96g	16%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	----------------	----	---------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 435kJ / 106kcal

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 3 Tuesday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains

Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and
---------	------	-------------	----------	------	------	------	--------	------	--------	--------	---------	-------	---------------------

Product Description

Butterscotch Meringue bar (102.85g) contains

Carbohydrate 53.03g	Energy 3013kJ 720kcal	36%	Fat 15g	21%	Saturates 5.4g	27%	Sugars 30g	34%	Salt 0.13g	2%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	---------------	-----	---------------	----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 2930kJ / 700kcal