

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 2 Wednesday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(181.76g) contains

Carbohydrate 43.83g	Energy 2102kJ 517kcal	25%	Fat 30g	42%	Saturates 7.8g	39%	Sugars 11g	12%	Salt 0.55g	9%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	---------------	-----	---------------	----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1157kJ / 285kcal

(302.02g) contains

Carbohydrate 19.24g	Energy 1004kJ 240kcal	12%	Fat 12g	17%	Saturates 6.4g	32%	Sugars 4.8g	5%	Salt 0.82g	14%
------------------------	-----------------------------	-----	------------	-----	-------------------	-----	----------------	----	---------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 332kJ / 79kcal

(185.87g) contains

Carbohydrate 39.31g	Energy 1192kJ 285kcal	14%	Fat 7.9g	11%	Saturates 5.6g	28%	Sugars 5.1g	6%	Salt 0.66g	11%
------------------------	-----------------------------	-----	-------------	-----	-------------------	-----	----------------	----	---------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 641kJ / 153kcal

(174.7984g) contains

Carbohydrate 38g	Energy 1406kJ 330kcal	17%	Fat 15g	22%	Saturates 4.8g	24%	Sugars 5.5g	6%	Salt 1.4g	23%
---------------------	-----------------------------	-----	------------	-----	-------------------	-----	----------------	----	--------------	-----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 805kJ / 189kcal

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 2 Wednesday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Red Cherry & vanilla Tart (161.5g) contains

Carbohydrate 74.65g	Energy 6121kJ 1463kcal	73%	Fat 33g	47%	Saturates 12g	60%	Sugars 25g	28%	Salt 0.36g	6%
------------------------	------------------------------	-----	------------	-----	------------------	-----	---------------	-----	---------------	----

of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 3790kJ / 906kcal