

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 1 Thursday**

Contains   
  Does Not Contain   
  May Contain   
  No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

**Roast Chicken, Stuffing Roast Pots & Gravy** (297g) contains

Carbohydrate 51.06g	Energy 1551kJ 371kcal	18%	Fat 7.5g	11%	Saturates 1.4g	7%	Sugars 2.2g	2%	Salt 2.3g	39%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 522kJ / 125kcal

**Vegetarian Mixed grill** (174.4g) contains

Carbohydrate 7.81g	Energy 866kJ 207kcal	10%	Fat 13g	18%	Saturates 6.3g	32%	Sugars 2.6g	3%	Salt 0.63g	10%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 496kJ / 119kcal

**Pork Tikka Masala & Yogurt Wrap** (304.63g) contains

Carbohydrate 54.36g	Energy 1935kJ 462kcal	23%	Fat 19g	27%	Saturates 5.5g	27%	Sugars 8.9g	10%	Salt 1.5g	24%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 635kJ / 152kcal

**Roast Chicken and Stuffing baguette** (247g) contains

Carbohydrate 91.12g	Energy 2232kJ 533kcal	27%	Fat 3.7g	5%	Saturates 1.4g	7%	Sugars 4.3g	5%	Salt 2.7g	45%
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of an adult's Reference Intake  
Typical values (as sold) per 100g: Energy 904kJ / 216kcal

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Product Description

Belguim Waffle & Raspberry Ripple Ice Cream

