

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive High School 18 Week 1 Tuesday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(240.99g) contains

Carbohydrate 37.23g	Energy 832kJ 199kcal	10%	Fat 3.4g	5%	Saturates 0.6g	3%	Sugars 5.7g	6%	Salt 0.53g	9%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 345kJ / 83kcal

(180.24g) contains

Carbohydrate 36.54g	Energy 1269kJ 303kcal	15%	Fat 8.6g	12%	Saturates 4.9g	24%	Sugars 4.3g	5%	Salt 0.87g	14%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 704kJ / 168kcal

(144.88g) contains

Carbohydrate 32.48g	Energy 1034kJ 247kcal	12%	Fat 7.8g	11%	Saturates 3.1g	16%	Sugars 6.6g	7%	Salt 0.83g	14%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 714kJ / 171kcal

(234.62g) contains

Carbohydrate 58.98g	Energy 1750kJ 418kcal	21%	Fat 17g	24%	Saturates 4.1g	20%	Sugars 9.5g	11%	Salt 1.0g	17%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 746kJ / 178kcal

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Product Description

Chocolate Tiffin Slice

(155g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 4304kJ / 1029kcal