

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Autumn Week 3 Friday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(200g) contains

Carbohydrate 41.2g	Energy 1159kJ 277kcal	14%	Fat 7.2g	10%	Saturates 0.9g	4%	Sugars 1.2g	1%	Salt 0.85g	14%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 579kJ / 139kcal

(130.88g) contains

Carbohydrate 40.25g	Energy 706kJ 169kcal	8%	Fat <0.5g	1%	Saturates 0.1g	1%	Sugars 24g	26%	Salt 1.6g	27%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 540kJ / 129kcal

(311.6g) contains

Carbohydrate 28.87g	Energy 1865kJ 446kcal	22%	Fat 10g	15%	Saturates 4.5g	23%	Sugars 4.0g	4%	Salt 0.59g	10%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 598kJ / 143kcal

(198.11g) contains

Carbohydrate 52.08g	Energy 1222kJ 292kcal	15%	Fat 6.3g	9%	Saturates 2.7g	13%	Sugars 6.5g	7%	Salt 0.43g	7%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 617kJ / 147kcal

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Product Description

Chocolate & Pear Sponge Cake, chocolate custard



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 2421kJ / 575kcal

