

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Autumn Week 3 Tuesday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(154.75g) contains

Carbohydrate 46.99g	Energy 1296kJ 310kcal	15%	Fat 10g	15%	Saturates 4.8g	24%	Sugars 5.6g	6%	Salt 0.43g	7%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 838kJ / 200kcal

(268.04g) contains

Carbohydrate 70.02g	Energy 2362kJ 565kcal	28%	Fat 12g	18%	Saturates 5.9g	30%	Sugars 4.6g	5%	Salt 0.38g	6%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 881kJ / 211kcal

(175.8g) contains

Carbohydrate 15.82g	Energy 676kJ 162kcal	8%	Fat 7.1g	10%	Saturates 1.5g	8%	Sugars 2.6g	3%	Salt 0.22g	4%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 384kJ / 92kcal

(215.8g) contains

Carbohydrate 38.2g	Energy 2136kJ 511kcal	25%	Fat 32g	46%	Saturates 5.5g	28%	Sugars 5.9g	7%	Salt 1.0g	17%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 990kJ / 237kcal

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Contains
 Does Not Contain
 May Contain
 * No Information

Contains

Peanuts
 Nuts
 Crustaceans
 Molluscs
 Fish
 Eggs
 Milk
 Gluten
 Soya
 Sesame
 Celery
 Mustard
 Lupin
 Sulphur Dioxide and Sulphites

Product Description

Orange & lemon Drizzle Cake

(178.89g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 3280kJ / 779kcal