

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Autumn Week 2 Thursday**

Contains

Contains
 Does Not Contain
 May Contain
 No Information

- Peanuts
- Nuts
- Crustaceans
- Molluscs
- Fish
- Eggs
- Milk
- Gluten
- Soya
- Sesame
- Celery
- Mustard
- Lupin
- Sulphur Dioxide and Sulphites

Product Description

Roast Beef, Yorkshire Pudding & Gravy (393.4g) contains

Carbohydrate 46.02g	Energy 1837kJ 439kcal	22%	Fat 19g	27%	Saturates 5.6g	28%	Sugars 3.3g	4%	Salt 0.96g	16%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 467kJ / 112kcal

Vegetarian Toad-In-The-Hole & Onion Gravy (500.5g) contains

Carbohydrate 79.24g	Energy 2188kJ 523kcal	26%	Fat 13g	18%	Saturates 2.3g	12%	Sugars 7.3g	8%	Salt 1.9g	32%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 437kJ / 105kcal

BBQ Shredded Beef & Sticky Onion Baguette (287.6g) contains

Carbohydrate 78.23g	Energy 2297kJ 549kcal	27%	Fat 12g	18%	Saturates 5.0g	25%	Sugars 13g	14%	Salt 1.5g	24%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 799kJ / 191kcal

Loaded Nacho Potato Wedges with Crispy Bacon (228.66g) contains

Carbohydrate 33.82g	Energy 1272kJ 304kcal	15%	Fat 13g	19%	Saturates 5.6g	28%	Sugars 3.8g	4%	Salt 0.65g	11%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 556kJ / 133kcal

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Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

Steamed Jam Sponge
Pudding With Custard



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1737kJ / 412kcal

