

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Autumn 2017 Week 1 Monday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains

Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and
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Product Description

(241.04g) contains

Carbohydrate 59.36g	Energy 2068kJ 494kcal	25%	Fat 18g	26%	Saturates 7.9g	40%	Sugars 7.3g	8%	Salt 0.48g	8%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 858kJ / 205kcal

(242.43g) contains

Carbohydrate 65.31g	Energy 1811kJ 433kcal	22%	Fat 14g	20%	Saturates 7.0g	35%	Sugars 8.4g	9%	Salt 0.72g	12%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 747kJ / 179kcal

(237.48g) contains

Carbohydrate 52.96g	Energy 1520kJ 363kcal	18%	Fat 8.8g	13%	Saturates 2.8g	14%	Sugars 11g	13%	Salt 0.76g	13%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 640kJ / 153kcal

(214.65g) contains

Carbohydrate 59.73g	Energy 2184kJ 561kcal	26%	Fat 26g	37%	Saturates 7.5g	38%	Sugars 11g	12%	Salt 3.0g	49%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1018kJ / 261kcal

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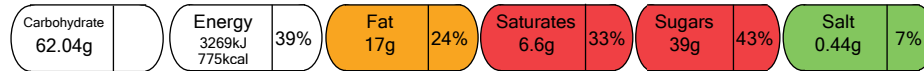
Contains
 Does Not Contain
 May Contain
 * No Information

Contains

Peanuts
 Nuts
 Crustaceans
 Molluscs
 Fish
 Eggs
 Milk
 Gluten
 Soya
 Sesame
 Celery
 Mustard
 Lupin
 Sulphur Dioxide and Sulphites

Product Description

Greek Lemon Sponge
Cake & Custard



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1414kJ / 335kcal

