

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Spring 2017 Week 2 monday**

Contains
 Does Not Contain
 May Contain
 No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(219.805g) contains

Carbohydrate 18.07g	Energy 820kJ 196kcal	10%	Fat 4.9g	7%	Saturates 1.6g	8%	Sugars 14g	16%	Salt 0.76g	13%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 373kJ / 89kcal

(232.46g) contains

Carbohydrate 57.34g	Energy 1783kJ 426kcal	21%	Fat 18g	25%	Saturates 10g	51%	Sugars 5.4g	6%	Salt 0.03g	0%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 767kJ / 183kcal

(363.16g) contains

Carbohydrate 52.11g	Energy 1488kJ 356kcal	18%	Fat 9.3g	13%	Saturates 4.4g	22%	Sugars 7.3g	8%	Salt 1.1g	18%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 410kJ / 98kcal

(190g) contains

Carbohydrate 34.57g	Energy 1407kJ 336kcal	17%	Fat 16g	24%	Saturates 3.8g	19%	Sugars 4.5g	5%	Salt 0.75g	12%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 740kJ / 177kcal

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 * No Information

Contains												
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin
												Sulphur Dioxide and

Product Description

Oaty Apple and Cherry crumble slice

(277.75g) contains



of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1693kJ / 403kcal

