

Menu Listing with Front of Packet and Allergens

Craig

Menu: **Vive Spring 2017 Week 1 Monday**

Contains
 Does Not Contain
 May Contain
 * No Information

Contains													
Peanuts	Nuts	Crustaceans	Molluscs	Fish	Eggs	Milk	Gluten	Soya	Sesame	Celery	Mustard	Lupin	Sulphur Dioxide and

Product Description

(216.36g) contains

Carbohydrate 30.41g	Energy 1291kJ 425kcal	15%	Fat 24g	35%	Saturates 6.6g	33%	Sugars 6.4g	7%	Salt 1.7g	28%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 597kJ / 196kcal

(198.11g) contains

Carbohydrate 53g	Energy 1222kJ 292kcal	15%	Fat 6.3g	9%	Saturates 2.7g	13%	Sugars 6.5g	7%	Salt 0.43g	7%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 617kJ / 147kcal

(67.1167g) contains

Carbohydrate 6.72g	Energy 632kJ 151kcal	8%	Fat 3.3g	5%	Saturates 1.2g	6%	Sugars 2.8g	3%	Salt 0.06g	1%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 942kJ / 225kcal

(153.72g) contains

Carbohydrate 42.83g	Energy 2012kJ 519kcal	24%	Fat 24g	34%	Saturates 7.8g	39%	Sugars 7.2g	8%	Salt 2.0g	34%
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of an adult's Reference Intake

Typical values (as sold) per 100g: Energy 1309kJ / 338kcal

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											Lupin
											Sulphur Dioxide and

Product Description

Apple tacos and Custard (314.9984g) contains

Carbohydrate 96.09g	Energy 2105kJ 503kcal	25%	Fat 12g	17%	Saturates 3.6g	18%	Sugars 58g	64%	Salt 0.62g	10%
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of an adult's Reference Intake
 Typical values (as sold) per 100g: Energy 668kJ / 160kcal